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**CONTENT-BASED INSTRUCTION AND THE *MONTEREY MODEL*  
AT THE MIDDLEBURY INSTITUTE OF INTERNATIONAL STUDIES  
at MONTEREY (MIIS)**

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**ABSTRACT**

Recent literature on content-based approaches to language teaching (CBI) indicate that choosing a relevant, contextualized subject matter focus to teach language can be significantly more effective, not least as a result of enhanced learner motivation. CBI is built on the principles of communicative language teaching and, as such, it promotes the negotiation of meaning in multidisciplinary settings as well as highly cognitive tasks. This workshop will first review basic theoretical concepts and prototype CBI models. A sample lesson plan from a course syllabus on citizen security will illustrate the key components of a theme-based course taught recently at MIIS. The *Monterey Model* will then be presented as a signature pedagogical CBI model, where multilingual, content-based learning is mediated through simultaneous interpretation. Finally, participants will collaboratively design their own CBI lesson plan by setting both language and content objectives adapted to their own teaching contexts.